



Joan Murray Ministries

RECONNECTING TO THE HEART OF GOD

“A Committed Heart”

Week 2

TOPIC: In this session we will discover what commitment is and is not. We will talk about our commitment to Christ

Key Scriptures:

Acts 6:1-5

Ruth 1:1-22

I. What is commitment?

- a. Means to do what you say.
- b. To be entrusted with responsibilities.
- c. To confide in others.
- d. To take custody of a person or situation.
- e. To follow through.
- f. Commitment is a pledge or word given that is binding as in a promise or contract.
- g. It is pledging service to someone.

II. Ruth and Naomi

- a. In the story of these women is a story of true commitment.
- b. Naomi's name meant "pleasant one."
- c. Ruth's name meant "friendship."
- d. They met when Naomi and her husband left Bethlehem because of famine in Judah and went to the land of Moab.
- e. Ruth married one of Naomi's son and that son along with Naomi's other son and husband died leaving Naomi a widow with no one to provide for her.
- f. Naomi ended up in Moab a nation barred from involvement with the Israelites, God's people, because they did not offer the Israelites bread or water when they were in the wilderness and hungry.

III. What determines our level of commitment?

- a. Our love for God determines our commitment level.
- b. The depth of our relationship to God and others.
- c. The level of our faith in God.
- d. Our trust in God and our love for others.
- e. In our commitment, we choose to do good to others.
- f. We choose to be rich in good works.
- g. We are ready to distribute what we have to help others in need.
- h. We are willing to sacrifice our self for the sake of others.

IV. How does God use commitment to develop us?

- a. He teaches us to be people of our word.
- b. When we give our word and keep it we are developing commitment.
- c. When we expend effort and follow through on our commitment that begins the development of our character.
- d. The words we speak will shape our lives when we do what you say.
- e. People decide if we are trustworthy when we perform what we have committed to do.

VI. Commitment contains power

- a. Each time you commit then act on that commitment, you demonstrate that inside of you resides a person that is controlled by the Spirit of God who will follow through on their word.
- b. Power is released when you place yourself in others difficult circumstances and commit to make a difference for them.
- c. There is power in meeting the needs of others.
- d. There is power in coming to someone's rescue.
- e. As we reach out to help others the Holy Spirit comes to aid us and assist us

VII. Commitment has transforming power

- a. It has the power to change a life when you follow them.
- b. It has the power to bring hope to the hopeless.
- c. It is coming through time and again.
- d. Following through when you don't feel life it.
- e. It transforms our promises into reality.

- f. It is the words that speak boldly of our intentions.
- g. It is our action that speaks louder than words.

I challenge you to check your level of commitment. Are you pleased with it? Is God pleased?